



UNIVERSITY OF PERADENIYA
CENTRE FOR DISTANCE AND CONTINUING EDUCATION



ශ්‍රේණිවේදී උපාධි (බාහිර - නව නිර්දේශය) පරීක්ෂණ 200 මට්ටම - සැප්තැම්බර් 2022
கலைத்தேர்வுப்பரீட்சை (வெளிவாரி-புதியபாடத்திட்டம்) 200 வதுதேர்ச்சிமட்டம்-செப்டெம்பர்2022
Bachelor of Arts (External - New Syllabus) Examination 100 Level-September - 2022

SUPE:205- Buddhist Psychology

කාලය පැය (03) තුනයි.
மூன்று (03) மணித்தியாலங்கள்
Time three (03) Hours.

ප්‍රශ්න 05 කට පිළිතුරු සපයන්න.
----- வினாக்களுக்கும்மட்டும்விடையளிக்க.
Answer 05 questions only.

නොපැහැදිලි අත් අකුරුවලට ලකුණු කපනු ලැබේ.
எழுத்துதெளவில்லாதவிடத்துப்புள்ளிகள்எழுறைக்கப்படும்.
Marks will be deducted for illegible hand writing.

මෙම ප්‍රශ්න පත්‍රයේ අඩංගු ප්‍රශ්න සංඛ්‍යාව 08 කි.
இந்தவினாப்பத்திரத்தில் ----- வினாக்கள் உள்ளன.
There are 08 questions in the question paper.

1. Introduce the psychological concepts noticeable in the teachings of early Buddhism.
2. "According to Buddhism, mental activity can be investigated on a psychological basis." Examine.
3. Explain the psychological aspects of the Buddhist analysis of suffering.
4. Examine the contribution of the Buddha as a psychotherapist.
5. "The experience of *Nibbāna* can be considered as the culmination of personality development"
Discuss.
6. Examine the psychoanalytical concepts observable in the teachings of the Buddha.
7. Examine the utility of *Mettā* meditation for the alleviation of mental unrest.
8. Investigate the guidance that could be given in terms of Buddhist counseling psychology to a newly married couple in order to make their marriage a success.